

Written by a Wiccan Priestess and Ordained Minister, *Out of the Shadows and Into the Light* is a modern day Book of Shadows. The rituals are not based on one tradition, but are written to be inclusive. In addition, it gives a brief explanation of what Wiccans and to some extent Paganism believes.

There are chapters on the basics:

- Building an alter
- Holy water
- Sabbaths

The general topics include rituals of:

- Protection
- Justice
- Love
- Prosperity
- Dragon
- Healing

Within these chapters, there are rituals to invoke the Harpies, break karmic ties, and healing issues with prosperity. There are also essays on praying for peace, raising your Kundalini, working with the elementals and being more aware of what you are manifesting.

Unlike many Book of Shadows, *Out of the Shadow and Into the Light* has information that will be valuable no matter how much experience the person has. It opens the door for you to walk through to find you best and highest self.